

Beauty tips and tricks

- Applying a little witch hazel to your lower brow before plucking can have a mild numbing effect to ease the process. Find out the simple step by step process to the perfect eyebrow shape for your facial type by talking to us today. (12.4 secs)
- Plucking your eyebrows too much like torture? Waxing can produce the instant eyebrow shape with ease and simplicity. Ask us about the best pain-free solutions to plucking your eyebrows, now. (11.3 secs)
- To get the best results when shaping your eyebrows, you should always pluck or wax under the eyebrow, never above. Trying to shape above your eyebrows can leave you with messy, uneven eyebrows. Keep your natural eyebrow shape by only shaping below the eyebrow. Ask us for more great advice. (17 secs)
- Overdid it with the plucking? A quick fix to patchy eyebrows is to fill them in gently with an eye pencil or powder. Then remember for next time! Taking only a few hairs out at a time always looks better than ending up with extremely thin or ragged eyebrows. Get more great tips like this at our website. Go there now! (18.2 secs)
- Do you dread your regular plucking session in front of that bathroom mirror? If you put it off until after your shower, your pores will be more open and plucking will be much easier and less painful. Want more great tips like these? Go to our website now! (14.2 secs)
- Got ingrown eyebrow hairs? If left, these hairs could cause infection in the pore. Get yourself a pair of thin tipped tweezers. They will make the task of catching the tip of the hair much easier. Don't let one ingrown hair spoil your look. Speak to us about more tips for getting great eyebrows, now. (16.9 secs)
- Find yourself tugging at eyebrow hairs when plucking? To ease them out, apply a little moisturizer to your eyebrows and leave for a minute or two. They should then slide right out! Talk to us today for more practical advice on plucking eyebrows. (13.7 secs)

Preamble: You have reached Heather Casp's phone. Heather has this great beauty tip for you while you wait. (4.8 secs)

- Sick and tired of buying those eyelash curlers only to end up with straight lashes anyway? Here's a great tip for getting your eyebrows to curl with your normal mascara. Apply mascara to the top of your upper lashes. Once it dries, it contracts, pulling the ends of your eyebrows upwards! Problem solved! Find more great tips like this on our website. (18.7 secs)

- Use a thickening mascara for thin or blonde eyelashes to achieve more length and depth. With the multitude of mascaras available, you can achieve the full, thick, curly eyelashes you've seen on TV. Ask us about our tips and tricks for applying mascara. (14.4 secs)
- Invest in an eyelash comb and use it after your mascara has dried to prevent tarantula legs. Each eyelash will be separated and free from extra globs of mascara to make your eyes appear bigger and more beautiful. Discover more of our great tips by visiting us online today. (15.8 secs)
- Your makeup looks great but dark circles around your eyes always spoil your efforts. A quick and simple way to hide them is to use a normal concealer. Simply apply where the skin is darker and blend in as usual. Follow with your normal powder or liquid foundation. Ask us about our other great tips now. (16.2 secs)
- Less is often more when it comes to your hair. Washing and re-styling it everyday can do more damage than good. Give your hair a rest for the natural oils released by your scalp to do their good work. Talk to us today for more great secrets to naturally fabulous looking hair. (14.6 secs)
- Want a light airy fragrance for your hair? Mix up a few drops of your favourite perfume with some pure water and spray into the air above your head. The mist will settle into your locks giving you fresh smelling hair for the rest of the day! Find out more secrets by asking us today. (15.4 secs)
- Blow drying everyday can cause dry, brittle hair with split ends. Give the hairdryer a rest by wrapping your hair in a towel or just letting it dry naturally. You may be surprised by the different looks you discover! Talk to us about tips for beautiful hair, right now. (15.4 secs)

Preamble: Thanks for calling beauty expert Sharon Owen. Sharon has this special advice for you while you're waiting. (5.4 secs)

- If you're always dyeing your hair here's a trick to prevent having to scrub colour stains off your skin afterwards. Use a little splodge of moisturiser or petroleum jelly and cover the areas that usually get dripped on. This will allow you to simply wipe off the mark with a piece of tissue, rather than a wire brush! Ask us for more tricks and tips for your hair. (18.6 secs)
- To avoid damage to regularly coloured hair, don't wash it right before dyeing it. A few days beforehand, give it a good wash and a deep condition. This will prepare your hair for the chemical attack and prevent any damage. For more advice on dyeing your hair, ask one of our experts, right now. (15.8 secs)

- To get an even hair colour when dyeing, use a fine toothed comb to separate your hair into sections. Work from one side to the other and from the roots to the tips. See our tips and tricks on hair care by visiting our website today. (13 secs)
- If you insist on cutting your own fringe or bangs, heed this advice. Either cut it when it's dry or, if you're cutting it wet, leave an extra inch or so in length. Remember that hair appears shorter when dry than when it's wet. Ask our experts about cutting your own hair, now. (15.6 secs)
- Be aware that if you have dandruff, buying a dandruff shampoo may not be the answer. Not only do they just cover up the dandruff, they also damage your scalp with chemicals. Don't worsen the situation. Make sure you are using the right shampoo and conditioner for your hair type and rinsing thoroughly. Get more great tips for treating dandruff by visiting our website, right now. (20.1 secs)
- Got greasy hair but don't have the time to wash, blow dry and style it? Rub some talcum powder into your hands and run your fingers through the ends of your hair. This will absorb some of the grease until you can wash it. Ask us about our other useful tips for greasy hair, today. (14.3 secs)
- Want a new look but can't bear to get your hair cut? A simple change in your parting can work wonders for your look. Brush your hair to the wrong side, twist it into bunches, experiment a little. You may be surprised by what you come up with. Take a look at our website for some great ideas, now. (15.1 secs)

Preamble: You have reached the desk of beautician Sarah Michaels. Sarah offers these words of wisdom until she is free. (6.1 secs)

- Blondes tend to suffer from a brassy tinge to their hair. Regain that healthy sunshine glow by rinsing your hair with lemon juice and water. Chamomile is also very nourishing for blonde hair. Get more advice on how to care for your tresses by talking to our experts today. (15.4 secs)
- Brown hair can appear dull and lifeless if not cared for properly. Give your locks a colour boost without the colour by rinsing with rosemary water after washing. You'll see a deeper, shinier quality to your hair. Ask us about tips and tricks especially for brown hair, today. (15.2 secs)
- Wish you had full, pouty lips like the stars? The way you apply your lipstick can make all the difference. Your lipstick should run a little over your natural lip line in the centre and meet just before the corners. Certain colours can also give a plump look. Ask us which ones, now. (15.7 secs)
- Where exactly is lipliner supposed to go and how do you put it there? A quick tip for getting your lipliner in the right place is to suck your lips until they are redder than usual. The edges should stand out now. Apply the lipliner just inside the

natural line of your lips. For more tricks on getting the right look, visit us online. (17.6 secs)

- Frustrated because your favourite lipstick won't stay on long? Instead of buying the latest long lasting brand name, gently brush a little light powder across your lips after blotting. That way you won't leave lip marks anywhere either! Get more refreshing and unique tips by talking to one of our beauticians now. (17.6 secs)
- Do your large lips take over your face? To take the attention away from your lips, don't use bright or vibrant colours. Natural colours closer to your skin tone are the way to go. Avoid using shiny or glossy products on your lips. For more tricks on accentuating or playing down your features, book an appointment with our experts today. (18.2 secs)
- Choosing the right lipstick colour can be a daunting task. Certain skin tones and types suit browns and beiges while others may suit reds and pinks. Find out the best tricks of the trade on how to choose your perfect colour. Ask our specialists for a personal consultation. (14.1 secs)

Preamble: Thank you for calling Beth Bridges. Here's some invaluable beauty advice while you wait. (5.1 secs)

- What can you do for better looking skin? One piece of advice that you're unlikely to hear often is to cleanse and rinse your face using lukewarm water, not hot water. Hot water will affect the natural moisture levels of your skin. Discover more tips on getting beautiful looking skin on our website, now. (16.1 secs)
- Want to try a skin peel but scared of the possible outcome? You can prepare your own mild skin peel in the comfort of your own home. Using sour milk produces a similar result because it contains an acid: Lactic acid. Don't risk irreparable damage to your skin. Ask us about tips for healthy skin today. (16.6 secs)